

KS1 - ILCHESTER COMMUNITY PRIMARY SCHOOL
INFANT – MENU – week commencing 03/09/2018 – 26/10/2018

Week Com 03/09/18	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Meatballs in Sauce & Pasta	Pork & Stuffing Roast	Breaded Chicken Goujons, Wedges & Corn on the Cob	Apricot Chicken, Rice & Green Beans	Fish, Chips & Peas
Vegetarian Option	Tomato & Quorn Bake	Broccoli & Potato Bake	Veggie Goujons	Feta, Spinach Tomato & Broccoli Quinoa	Jacket Potato & Cheesy Coleslaw
Pudding	Carrot Cake	Fruit Yoghurt	Fruit Jelly & Ice Cream	Cherry Berry Crumble & Cream	Flapjack
Fruit	Mixed Pieces	Fruit Salad	Melon Wedges	Pineapple	Fruit Salad
Bread	Wholemeal	Wholemeal	Wholemeal	Wholemeal	Wholemeal

Week Com 10/09/18	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Mild Chilli Beef & Rice	Roast Chicken Dinner	Traditional Sausage, Mash & Peas	Mozzarella Chicken, Tomato Sauce & Pasta	Salmon Bites, Croquettes
Vegetarian Option	Tomato & Mozzarella Bake	Cauliflower & Pasta Bake	Quorn Sausages	Vegetable Lasagne	Mushroom stroganoff
Pudding	Cocoa Banana Cake & Custard	Fruit Yoghurt	Mandarins & Ice Cream	Rice Pudding & Berry Compote	Oatmeal Cookie
Fruit	Mixed Pieces	Fruit Salad	Melon Wedges	Pineapple	Fruit Salad
Bread	Wholemeal	Wholemeal	Wholemeal	Wholemeal	Wholemeal

Week Com 17/09/18	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pasta & Beef Bolognaise	Roast Beef & Yorkshire Puddings	Pepperoni Pizza, Savoury Rice & Salad	Chicken & Vegetable Bake & New Potatoes	Cod Nuggets, Wedges & Peas
Vegetarian Option	Jacket Potato, Beans & Cheese	Vegetable Pasty	Spinach Feta Frittata	Bean & Squash Bake	Stuffed Mushrooms
Pudding	Jam & Coconut Sponge & Custard	Fruit Yoghurt	Rhubarb & Vanilla Apple Crumble & Ice Cream	Pears & Chocolate Mousse	Carrot & Sultana Muffins
Fruit	Mixed Pieces	Fruit Salad	Melon Wedges	Pineapple	Fruit Salad
Bread	Wholemeal	Wholemeal	Wholemeal	Wholemeal	Wholemeal

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Week Com 24/09/18	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef Lasagne, Wedges & Salad	Roast Gammon, New Potatoes & Sweetcorn/Peas	Beef Burgers, Coleslaw & Rice Salad	Alfredo Chicken Pasta with Salad	Fish Fingers, Smiley Faces & Peas
Vegetarian Option	Vegetarian Lasagne	Vegetarian Sausage Roast	Vegetable Burger	Creamy Mushroom Pasta	Veggie Fingers
Pudding	Lemon Drizzle Sponge & Custard	Fruit Yoghurt	Pineapple & Melon Salad	Apple & Plum Crumble & Cream	Shortbread Biscuit
Fruit	Mixed Pieces	Fruit Salad	Melon Wedges	Pineapple	Fruit Salad
Bread	Wholemeal	Wholemeal	Wholemeal	Wholemeal	Wholemeal

Week Com 01/10/18	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Meatballs in Tomato Sauce & Pasta	Roast Turkey & Pigs in Blankets	Sausage Rolls, Mash & Beans	Thai Chicken with Noodles	INSET DAY
Vegetarian Option	Tomato & Basil Cheesy Pasta	Quorn Fillet Roast	Cheese & Tomato Pizza	Vegetable Chow Mein	INSET DAY
Pudding	Apple Crumble & Ice Cream	Fruit Yoghurt	Jelly & Ice Cream	Banoffee Sponge & Custard	INSET DAY
Fruit	Mixed Pieces	Fruit Salad	Melon Wedges	Pineapple	INSET DAY
Bread	Wholemeal	Wholemeal	Wholemeal	Wholemeal	INSET DAY

Week Com 08/10/18	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cottage Pie	Roast Chicken & Stuffing Dinner	Chicken Goujons, Waffles & Peas	Caribbean Turkey Curry & Rice	Jacket Potatoes with Tuna & Sweetcorn
Vegetarian Option	Quorn Bolognese & Pasta	Cheese & Onion Pie	Cheese & Spinach Frittatas	Vegetable Curry & Rice	Macaroni Cheese
Pudding	Apple & Sultana Sponge & Custard	Fruit Yoghurt	Fruit Smoothie Pot	Banana & Custard	Fruit Jelly & Ice Cream
Fruit	Mixed Pieces	Fruit Salad	Melon Wedges	Pineapple	Fruit Salad
Bread	Wholemeal	Wholemeal	Wholemeal	Wholemeal	Wholemeal

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Week Com 15/10/18	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pasta Bolognaise	Roast Pork & Apple Sauce	BBQ Chicken, Rice & Vegetables	Chicken & Ham Macaroni Cheese	Fish & Chips
Vegetarian Option	Quorn Meatballs & Pasta	Vegetarian Cottage Pie	Jacket Potato & Coleslaw	Cheese & Tomato Pizza & Salad	Cheese & Onion Quiche
Pudding	Chocolate Sponge & Custard	Fruit Yoghurt	Bananas & Custard	Fruit Salad	Carrot Cake
Fruit	Mixed Pieces	Fruit Salad	Melon Wedges	Pineapple	Fruit Salad
Bread	Wholemeal	Wholemeal	Wholemeal	Wholemeal	Wholemeal

Week Com 22/10/18	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken Tikka & Rice	Roast Beef & Yorkshire Puddings	Chicken Skewers & Jacket Skins / Salad	Sausage & Bean Casserole	Tuna Pasta Bake & Sweetcorn
Vegetarian Option	Aubergine Bake	Vegetable Bake with Roast	Halloumi Skewers	Spicy Bean & Lentil Casserole	Macaroni Cheese
Pudding	Blueberry Sponge & Custard	Fruit Yoghurt	Banana & Toffee Mousse	Melon & Pineapple Chunks	Jelly & Ice Cream
Fruit	Mixed Pieces	Fruit Salad	Melon Wedges	Bananas	Fruit Salad
Bread	Wholemeal	Wholemeal	Wholemeal	Wholemeal	Wholemeal

Either Vegetables or Salad will be served each day.
Rice, Pizza Bases and Bread are Wholemeal
Bread is sent daily.