



Being a Parent isn't always easy!

Do you find yourself asking...

Why does my child do that?

How can I help my child?

I brought them up the same, so why does he/she behave differently?

Would you like to learn how to...

- Be better at understanding your child?
- Help your child learn to manage their emotions?
- Help to prevent behaviour problems in your child?
- Teach your child to deal with problems & conflict?

Tuning in to Kids shows you how to help your child develop emotional intelligence, which then helps them to:

- ✓ Have greater success making and keeping friends
- ✓ Have better concentration at school
- ✓ Are more able to calm down when upset or angry

When? Tuesdays 9:30 – 12 from 30th January

Where? Green Shoots Room ,

Martock Primary School, Elmleigh Rd, Martock, TA12 6EF

Contact; Zoe or Karen at the PFSA dep on 01935 827208 to reserve your place.

“Tuning in to Kids” Emotionally Intelligent Parenting

