

KS1 - ILCHESTER COMMUNITY PRIMARY SCHOOL
INFANT – MENU – week commencing 18.09.17-16.10.17

Week Com 18/09/17	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef Lasagne & Garlic Bread	Roast Beef & Yorkshire Pud	Chicken Kebabs & Salad	Chinese Pork, Rice & Veg	Fish Fingers, Mash & Spag Hoops
Vegetarian Option	Sweet Potato & Spinach Lasagne	Quorn Cottage Pie	Vegetable Kebabs	Vegetable Stir Fry	Feta & Spinach Fingers
Pudding	Pineapple Sponge & Cream	Fruit Yoghurt	Pear & Chocolate Mousse	Chocolate Sponge & Mint Custard	Shortbread
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
Bread	Bread	Bread	Bread	Bread	Bread

Week Com 25/09/17	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cottage Pie & Mixed Veg	Roast Chicken with Carrots & Cauliflower	Breaded Chicken Goujons & Wedges	Mild Chicken Curry & Rice	Fish Chips & Peas
Vegetarian Option	Quorn Cottage Pie	Quorn Fillet Roast	Quorn Sausage, Mash & Beans	Jacket Potato, Cheese & Beans	Veggie Fingers & Chips
Pudding	Lemon Drizzle Sponge	Fruit Yoghurt	Fruit Jelly & Ice Cream	Pear & Chocolate Delight	Flapjack
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
Bread	Bread	Bread	Bread	Bread	Bread

Week Com 02/10/17	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Sweet & Sour Chicken & Rice	Roast Beef & Yorkshire Pud	Beef Burgers, Wedges & Salad	Chicken & Bacon Pasta	Salmon Bites Smiley Faces & Peas
Vegetarian Option	Jacket Potato Cheese & Beans	Broccoli & Potato Bake	Quorn Burger, Wedges & Salad	Vegetable Pasta Bake	Veggie Nugget Smiley Faces
Pudding	Fruit Crumble & Custard	Fruit Yoghurt	Pineapple Sponge & Cream	Arctic Roll	Cocoa Krispie Bars
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
Bread	Bread	Bread	Bread	Bread	Bread

Either Vegetables or Salad will be served each day.
Fruit will either be Fruit Salad/Tinned Fruit/Piece of Fruit.
Bread is sent daily.

**KS1 - ILCHESTER COMMUNITY PRIMARY SCHOOL
INFANT – MENU – week commencing 18.09.17-16.10.17**

Week Com 09/10/17	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Spag Bol & Salad	Roast Gammon & Cauliflower Cheese	Cheese & Ham Pizza With Wedges	Meatballs, Pasta & Salad	Fish Cakes, Waffles & Sweetcorn
Vegetarian Option	Quorn Bol. & Pasta	Cheese & Onion Pasty	Feta & Spinach Pasta	Veggie Meatballs & Pasta	Cheese & Onion Pasty
Pudding	Chocolate Sponge & Custard	Fruit Yoghurt	Chocolate Mousse Pots	Bananas & Custard	Blueberry Muffins
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
Bread	Bread	Bread	Bread	Bread	Bread

Week Com 16/10/17	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef Lasagne, Wedges & Salad	Roast Pork with Mixed Veg.	Macaroni & Cheesy Chicken Casserole	Sausage, Mash & Beans	Fish Fingers Mash & Beans
Vegetarian Option	Quorn Bolognese & Pasta	Quorn Fillet Roast	Jacket Potato With Cheese & Coleslaw	Goats Cheese & Tomato Tart With Cous Cous	Macaroni Cheese & Salad
Pudding	Apple Sponge & Ice Cream	Fruit Yoghurt	Jelly & Ice Cream	Mango & Orange Smoothie	Shortbread
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
Bread	Bread	Bread	Bread	Bread	Bread

**Either Vegetables or Salad will be served each day.
Fruit will either be Fruit Salad/Tinned Fruit/Piece of Fruit.
Bread is sent daily.**