

<u>Week 1 4th Jan</u>			<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Main			Cheese & Bacon Macaroni With Green Beans	Chicken Hot Pot & Dumplings	Breaded Fish, Chips & Peas
Allergens - Main			Milk / Gluten	Gluten / Milk	Fish Gluten
Veg Option			Macaroni Cheese	Quorn Vegetable Hotpot & Dumplings	Cheese & Onion Pasty
Allergens- Veg Option			Milk Gluten	Soya	Milk Gluten Egg
Pudding			Jelly & Ice Cream	Shortbread	Apple Crumble & Custard
Allergens - Pudding			Milk	Gluten / Milk	Gluten Milk Eggs
Fruit			Fruit	Fruit	Fruit /Yoghurt
Allergen - info			None	None	milk
Bread			Bread	Bread	Bread
Allergen - info			Gluten / Soya	Gluten/Soya	Gluten/Soya
<u>9th January 2017</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Main	Beef Lasagne Wedges & Salad	Roast Lamb New Potatoes & Vegetables	Traditional Sausage Mash & Peas	Chicken & Bacon in a Tomato & Mozzarella Pasta	Fish Fingers Waffles & Spaghetti Hoops
Allergen - Main	Gluten Milk	None	Gluten / Milk	None	Fish / Gluten/Milk
Veg Option	Vegetable Lasagne	Vegetable Kiev	Veggie Sausage Mash & Peas	Tomato & Mozzarella Pasta	Cauliflower Cheese Bake
Allergen - Veg Option	Milk/Gluten	Soya/Gluten/Egg	Soya / Milk	Milk / Gluten	Milk / Gluten
Pudding	Chocolate Sponge & Vanilla Ice-cream	Frozen Fruit Smoothies Pots	Rhubarb & Apple Crumble & Custard	Fruit Yoghurts	Flapjack
Allergen - Pudding	Gluten/Eggs/Milk	None	Milk/Gluten/Egg	Milk	Gluten/Milk
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
Allergen info					
Bread	Bread	Bread	Bread	Bread	Bread
Allergen info	Gluten/Soya	Gluten/Soya	Gluten/Soya	Gluten/Soya	Gluten/Soya
<u>16th January 2017</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Main	Cottage Pie & Beans	Roast Chicken Dinner	Homemade Beef Burgers & Chips - Buns & Salad	Chicken Korma Curry & Rice	Salmon BitesNew potatoes and Peas
Allergens - Main	Gluten Milk	NONE	Gluten/ milk/Eggs	Milk	Fish/Gluten/Milk
Veg Option	Quorn Cottage Pie	Veggie Pasties	Veggie Burger	Vegetable Korma & Rice	Cheese Omelette
Allergens- Veg Option	Soya/ Milk	Gluten/Milk/Eggs	Gluten/Soya	Milk	Egg/Milk
Pudding	Banana & Date Sponge	Chocolate Mousse Pots	Fruit & Ice cream	Fruit Yoghurts	Carrot Cake
Allergens - Pudding	Milk/Eggs/Gluten	Milk	Milk	Milk	Eggs/Milk/ Gluten
Fruit	Fruit	Fruit	Fruit/ Yoghurt	Fruit	Fruit
Allergen info	NONE	NONE	Milk	NONE	Milk

Bread	Bread	Bread	Carrot Stix	Bread	Bread
Allergen info	Gluten/Soya	Gluten/Soya	None	Gluten/Soya	Gluten/Soya

23rd January 2017	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Main	Mild Beef Chilli Rice and invisible Beans	Gammon Roast Dinner	Breaded Chicken Strips Wedges and Beans	Chicken & Bacon Pasta	Fish Pie Topped with Cheesy Mash
Allergens - Main	NONE	NONE	Gluten/Milk/Egg	Gluten/Milk	Fish/Gluten/Milk
Veg Option	Three Bean Chilli & Rice	Potato & Onion Pasty	Veggie Nuggets	Tomato Pasta Bake	Cauliflower Cheese Bake
Allergens- Veg Option	NONE	Gluten/Milk/Egg	Milk/Gluten	Gluten/Milk	Gluten/Milk
Pudding	Fruit Sponge & Custard	Fruit Yoghurt	Arctic Roll	Strawberry Mousse & Berries	Berry Flap Jack
Allergens - Pudding	Milk/Eggs/Gluten	Milk	Gluten/Milk/Egg	Milk	Milk/Gluten
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit/ Yoghurt
Allergen info	NONE	NONE	None	NONE	Milk
Bread	Bread	Bread	Bread	Bread	Bread
Allergen info	Gluten/Soya	Gluten/Soya	Gluten/Soya	Gluten/Soya	Gluten/Soya
30th January 2017	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Main	Spaghetti Bolognaise	Roast Pork Loin	Sweet & Sour Chicken & Noodles	Beef & Onion Pie Mash & Veg	Coddies Smiley faces Peas
Allergens - Main	Gluten	NONE	Gluten	Egg/milk/Gluten	Fish / Gluten /Milk
Veg Option	Quorn Bolognaise	Quorn Cutlet	Quorn Sweet & sour	Vegetable Pie	Veggie Bites
Allergens- Veg Option	Gluten /Soya	Soya	Soya Gluten	Milk Egg Gluten	Milk/Gluten
Pudding	Chocolate Sponge & Custard	Yoghurt	Melon & Pineapple	Banana & Custard	Blueberry Muffins
Allergens - Pudding	Milk/Gluten/Eggs	Milk	None	Milk	Gluten / Milk/ Eggs
Fruit	Fruit	Fruit	fruit	Fruit	Fruit
Allergen info	NONE	NONE	None	None	None
Bread	Bread	Bread	Bread	bread	bread
Allergen info	Gluten/Soya	Gluten/Soya	Gluten/Soya	Gluten/Soya	Gluten/Soya
6th February 2017	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Main	Meat Balls in Tomato sauce & Pasta	Roast Turkey & stuffing	Sausage Mash & Peas	Cheese & Ham Macaroni & Vegetables	Fish Cake Potato's & Spaghetti Hoops
Allergens - Main	Milk Egg Gluten	Gluten	Gluten	Gluten Milk Eggs	Fish/Gluten/Milk
Veg Option	Quorn Balls in Sauce & Pasta	Quorn Fillet Roast	Veggie Sausage Mash & Peas	Macaroni Cheese	Veggie Nuggets
Allergens- Veg Option	Gluten/Soya	Soya/Gluten	Soya/ Gluten	Gluten/Egg/Milk	Eggs/Milk/ Gluten
Pudding	Apple Strudel & Custard	Fruit Yoghurt	Apple & Cinnamon Crumble & Ice Cream	Frozen Fruit Smoothie	Chocolate Brownie

Allergens - Pudding	Milk/Eggs/Gluten	Milk	Milk /Gluten	NONE	Milk/Gluten/ Egg
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit/ Yoghurt
Allergen info	NONE	NONE	NONE	NONE	Milk
Bread	Bread	Bread	Bread	Bread	Bread
Allergen info	Gluten/Soya	Gluten/Soya	Gluten/Soya	Gluten/Soya	Gluten/Soya